

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: EC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van zeveren René

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M BUTTERFLY MEN

Heat:1, starttime: 09:45

Heat: 1/4 Lane : 2 Athlete: BRAEM NOA

Q-time: 02:27:12

PB (50m pool): 02:27.12 Charleroi 11/05/2025

PB (25m pool): 02:29.84 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.59	01:07.67	01:47.47	02:27.12	
	00:30.59	00:37.08	00:39.80	00:39.65	
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN

Heat:4, starttime: 10:10

Heat: 4/9 Lane : 1 Athlete: BRAEM NOA

Q-time: 00:31:64

PB (50m pool): 00:31.64 Charleroi 15/02/2026

PB (25m pool): 00:32.28 SB: 00:31.64 Charleroi 15/02/2026

	5 0 M	
PB	00:31.64	
	00:31.64	
		

Coach feedback: